

what we offer.

For 50 years, **Family Matters of Greater Washington** owned and operated Camp Moss Hollow, affectionately called "The Hollow," located on 401 acres of incredibly beautiful woods, nestled in the foothills of the Shenandoah Valley in Markham, Virginia.

This year, Family Matters is enhancing our popular camp program to one that sends youths enrolled in our mental and behavioral health program, matching certain inclusion criteria to camps located within the Maryland and Virginia area.

Our goal is to provide therapeutic experiences that promote positive behavioral, emotional and social changes in the youth's lives.



For information on our "Send a Kid to Camp" program, visit the Family Matters' website at www.familymattersdc.org

or contact: Regina Pitts
Program Coordinator
(202) 289-1510 ext.180
rpitts@familymattersdc.org



**SEND A KID TO
CAMP PROGRAM
PROGRAM GUIDE**

HEADQUARTERS

425 I Street, NW, Suite #700
Washington, DC 20001

TEL: (202) 289-1510 | FAX: (202) 518-8929

OUTPATIENT MENTAL HEALTH CLINIC

6196 Oxon Hill Road, Suite #340
Oxon Hill, MD 20745

TEL: (301) 839-1960





Family Matters of Greater Washington (FMGW) is the largest and oldest nationally accredited social service organizations in the District of Columbia. Founded in 1882 as the Associated Charities to fight poverty, Family Matters has from the outset been on the forefront of improving the lives of those in need.

WHAT WE DO MATTERS

OFFERING PROGRAMS FOR EVERY STAGE OF LIFE.

who we are.

Family Matters of Greater Washington is one of the oldest, nationally accredited social service organizations in the Washington metropolitan area. Family Matters has been serving as the role of “family” to our community’s most vulnerable citizens. Through our services, we have been helping to provide compassionate solutions that empower, enrich and elevate all ages. Our spectrum of programs, include: mental and behavioral services, youth development, independent living for teen mothers, home health care, and workforce development.

the program.

The “**Send a Kid to Camp**” program directly benefits families that would not otherwise be able to afford to provide their children with the opportunity to attend camp.



This youth development program is specially designed to enhance educational achievement, expand horizons and increase self-worth and self-esteem.

Our hope is that the positive environment provided through the camping experience — along with the respite from daily stressors that are often encountered in the home and school — will have a lasting impact on the choices our youth make throughout the rest of their lives.



the details.



Here’s the new program’s criteria for future campers.

Eligible youth for the program are:

- Ages 7 to 14
- Able to manage hygiene/toileting needs
- Siblings of youth currently receiving behavioral health services
- Children of adult clients currently receiving behavioral health services
- Youth displaying emotional and/or behavioral dysregulation

Youth with a history of the following are not eligible to participate at this time:

- Absconding behaviors
- Fire-setting
- Animal cruelty
- Deviant sexual behavior
- Demonstration of violent and/or aggressive behaviors within the last 60 days

We will administer a pre- and post-survey to capture relevant outcome data. Outcomes measured shall include:

- **Friendship Skills** (making friends and maintaining relationships)
- **Independence** (relying less on adults and other people for solving problems and for their day-to-day activities)
- **Family Citizenship** (encouraging attributes important to being a member of a family)
- **Responsibility** (learning to be accountable for their own actions and mistakes)
- **Problem-Solving Confidence** (believing they have abilities to resolve problems)